

## **1. Frosted Soil Sun**

Oh my frosted soil sun  
You warm me up  
And freeze me over  
You remind me of home  
Your back is this ragged mountain top  
I love to climb but I fear that I'm falling off  
You remind me of calm  
You remind me of chaos  
I can't touch you but you're still touching me

And I don't know if I can let go  
And I don't know if I can let go

Oh my frosted soil sun  
You root me out  
Remind me that I still crave your warmth  
Your veins are these rivers that I found  
If i'm not around I hope they still stay clean  
You remind me of calm  
You remind me of chaos  
I can't touch you but you're still touching me

And I don't know if I can let go  
And I don't know if I can let go

## **2. Would you call this love**

Would you call this love  
Would you call this love

I wish that I was honest  
I wish we took things slowly  
All this time i've doubted  
What you mean to me

Would you call this love  
Would you call this love

I walked away so quickly  
I felt it was forever or day  
And now I feel so empty  
This is what you mean to me

We never stepped into love  
We fell  
And now I'm hearing my head  
Beating up my chest  
Beating up my chest  
And now I'm hearing my head  
Beating up my chest

Would you call this love  
Would you call this love

I wish that I was honest  
I wish we took things slowly  
All this time i've doubted  
What you mean to me

### **3. Teeth In The Grass**

Stepped out and left me in the grass  
So fast it happened in my past  
My tooth was never found that day  
But all my troubles they forgot themselves at the sight of you  
At the sight of you

You told me I would be okay  
Each day you'd come and help me heal  
You stretched out all the aches and pain  
And all my troubles they forgot themselves at the sight of you  
At the sight of you

And I fell once but I fell again  
To see your lovely face each morning  
I never wanted to fully heal  
Cause all my troubles they forgot themselves at the sight of you  
At the sight of you

Run away with me love they don't have to know anything  
You said this could never be cause I am just here for therapy  
So fix me so fix so fix me  
So you can love me back

#### **4. Margaret**

You were in your red coat  
I was inside  
I saw you through the window  
You were looking fine  
Headed through our campus  
White with winter pines  
Walked over to the library  
Where you'd spend all your time

Oh Margaret you're kind  
So selfless  
I wanna give you all my time  
Oh Margaret you shine  
So lovely  
The nicest thing that's mine

You were in the bathroom  
I was at the bar  
You were putting powder on your nose  
I was waiting got you to show  
When you came out  
When you arrived we stayed up all night  
Singing silly songs, sharing stories about life

Oh Margaret you're kind  
So selfless  
I wanna give you all my time  
Oh Margaret you shine  
So lovely  
The nicest thing that's mine

## **5. Tired**

I don't want a drink tonight  
Just wanna hold a conversation  
I don't wanna wake up sick  
Hung over my desire for exhaustion

I'm just so damn tired  
I'm just so damn tired

I'm a boat in the middle of the ocean  
I'm the tied weak for the moon  
This current won't carry me to where I'm going  
I'll have to move

I'm just so damn tired  
I'm just so damn tired

Don't ask me out tonight  
Unless it's just for a movie  
Honey I don't want to explain  
But I know that you want to see me

I'm just so damn tired  
I'm just so damn tired

## **6. I Don't Have Anyone Else**

The rock had its way with my skull  
Couldn't brace myself for the fall  
The earth cuts like knives if you're not careful enough  
At least you were there to make the call

Will you wait for me  
Help me to restore myself  
Feed me all your memories of me  
I don't know that I have anyone else  
I don't know that I have anyone else anyone else

When I wake will you be there  
Maybe by then I'll be long in your past  
I wouldn't blame you if you found a companion  
Sometimes I think it'd be easier if I passed

I wanna hold on for you  
I wanna let go for you too  
I wanna hold on for you  
I wanna let go for you too

Will you wait for me  
Help me to restore myself  
Feed me all your memories of me  
I don't know that I have anyone else  
I don't know that I have anyone else anyone else

## **7. Strong**

You come home late - He's talking to himself again  
He doesn't have anything to say  
Cards on counter and another bouquet  
Makes it hard to pretend you're dreaming when it's been another day

Try to carry on  
She's gone  
Try to carry on  
You wanna be strong  
You wanna be strong  
You wanna be strong

It's the little things that hurt the most  
Her out of tune guitar she'd always play  
Since the house has been so quiet and you're mind's been so loud  
A mother should never have to wonder where her child's gone

Try to carry on  
She's gone  
Try to carry on  
You wanna be strong  
You wanna be strong  
You wanna be strong

No rest to be assured  
No - no more news  
No gravestone to visit  
No certainty that there should be  
You can't help but wonder if they'll bring her home  
You can't help but wonder if that would be worse

Try to carry on  
She's gone  
Try to carry on  
You wanna be strong  
You wanna be strong  
You wanna be strong  
She's gone

## **8. Salt of the earth**

When the world is sleeping you are  
The only one awake  
Your footsteps creek on the wood  
These old floors still don't break

Salt of the earth  
Weight of the sun  
You're my everyone  
Salt of the earth  
Weight of the sun

Ohh ahh  
Ohh ahh

Salt of the earth  
Weight of the sun  
You're my everyone  
Salt of the earth  
Weight of the sun

Ohh ahh  
Ohh ahh

## **9. Waters**

They don't have to know

They don't have to know

There's something in the things that have always been there

The water will take you back after the air

They don't have to know

They don't have to know

There's something in your lung

Clock in running

There's something in the things that have always been there

The water will take you back after the air

Sink back into these waters that created you

There's something in the things that have always been there

The water will take you back after the air

## **10. My Mistake**

I was two sheets deep  
Underneath your love  
You filled the space  
So I stuck around till it got hard

I mistook longing for love  
There you were in the wake  
I mistook a warm bed for a red heart  
I'm sorry you were my mistake

My Mistake

You were made of fire, dark as coal  
Your eyes lit up with rocks and talk of bones  
And I was from Canada  
But you couldn't stand the cold

I mistook longing for love  
There you were in the wake  
I mistook a warm bed for a red heart  
I'm sorry you were my mistake

My Mistake

## **11. Don't be afraid**

Don't be afraid  
Don't be afraid  
Don't be afraid  
I said don't be afraid  
I'm petrified

Don't be afraid  
Don't be afraid  
Don't be afraid  
I said don't be afraid  
I'm petrified

Put it in a basket and look at it years from now it'll be fine  
When you're on your own you're a rolling stone hoping to turn out right  
You never said it was easy  
I never knew it would get this hard  
I never knew never knew it would get this hard

Don't be afraid  
Don't be afraid  
Don't be afraid  
I said don't be afraid  
I'm petrified

Don't be afraid  
Don't be afraid  
Don't be afraid  
I said don't be afraid  
I'm petrified

## **12. Evelyn**

Hung up pictures of mountain tops  
Pocket loose change for boots to walk  
Across all you've known  
From Canada to Mexico -- oh

Evelyn Evelyn go far  
Evelyn start  
Evelyn Evelyn go far  
Evelyn start

Evelyn

Golden leaves a sunset through the woods  
Shadows cast themselves not for good  
They always return again  
A trend among trees more than friends -- Loose ends

Evelyn Evelyn go far  
Evelyn start  
Evelyn Evelyn go far  
Evelyn start

Evelyn

no-one believed that you could that you would  
no-one believed that you could that you would  
Look at you now  
Look at you now  
Look at you now  
Look at you now

Evelyn Evelyn go far  
Evelyn start  
Evelyn Evelyn go far  
Evelyn start  
Evelyn Evelyn go far  
Evelyn start  
Evelyn Evelyn go far  
Evelyn start

### **13. Safe and sound**

Pay your bills  
They've collected like rocks in the pocket of a kid  
Turn out the lights  
Turn in your bed dreams are only for the sleeping

All you've found  
You don't like where you are now  
Safe and sound  
Can you leave this stable ground  
Safe and sound  
Sound

You fell in love  
A stable time you were both so young  
He knelt down  
You agreed your time was running out

All you've found  
You don't like where you are now  
Safe and sound  
Can you leave this stable ground  
Safe and sound  
Safe and sound

#### **14. Just One More**

When the tide is low  
I get thirsty  
I let go  
No one talks about these things  
Oh ohh all alone

Take another drink  
Take another drink  
Forget everything  
Just another sip  
Just another sip  
Feel anything

Broke into my father's  
Liquor cabinet  
I was fed up on feelings  
Looking to numb it all  
Bad habits fall down the line

Take another drink  
Take another drink  
Forget everything  
Just another sip  
Just another sip  
Feel anything  
Anything

Just one more  
Just one more  
Just one more

Take another drink  
Take another drink  
Forget everything  
Just another sip  
Just another sip  
Feel anything  
Anything

**15. Catch My Dreams (20 min writing challenge)**

I might not be the best at this  
But I'll wake up early every morning  
I will try harder than you've ever seen  
Till it breaks me

Dreams are for more than sleeping  
I'll lose all my sleep but catch my dreams  
Catch my dreams

I'd rather stay up late in the shed  
Then drink some beers on a friday night  
I will try harder than you've ever seen  
Till it breaks me

Dreams are for more than sleeping  
I'll lose all my sleep but catch my dreams  
Catch my dreams

**16. Handlebars & Wheels (20 min writing challenge)**

Handlebars & wheels

Got me so much farther than my heels

To ride a bike is to take a walk

To take a walk is to take all day and talk

Take all day and talk

Say it's only for the night

It's only for the fright

It's only for your fears

Glad to have you here

Tied up your shoe with ribbon

Your laces broke and that was all you had

Now you like it that way

You act like you don't care but you do

Somewhere in there

You act like you don't care but you do

Somewhere in there

You act like you don't care but you do

Somewhere in there

You act like you don't care

You care somewhere

Say it's only for the night

It's only for the fright

It's only for your fears

Glad to have you here

## **17. Trust in You**

Can I trust in you  
Not to bail like they always do  
It always seems that I'm left alone  
At 2am trying to find my way back home

I'm done driving your one way streets  
It's time I turn around  
I'm your friend till it's not convenient for you  
I'm done wasting time overdue

If you leave  
Then don't come back  
Leave me in your past  
If you leave  
If you leave  
If you leave  
Don't put it past me

Can I trust in you  
Not to bail like they always do  
It always seems that I'm left alone  
Stay away you're not welcome in my home

## **18. If I'm Being Honest**

A blessing and a curse  
I always see the best before the worst  
I believe in people  
More than I should  
If I'm being honest  
If I'm being honest  
They're not all that good

If I have a pen and a guitar  
I'll make things feel so much better than they are  
I believe in dreaming  
More than I should  
If I'm being honest  
If I'm being honest  
It's not all that good

Is home a feeling is home a friend  
Is home your family is there an end  
I believe in questions  
More than I should  
If I'm being honest  
If I'm being honest  
Answers aren't all that good